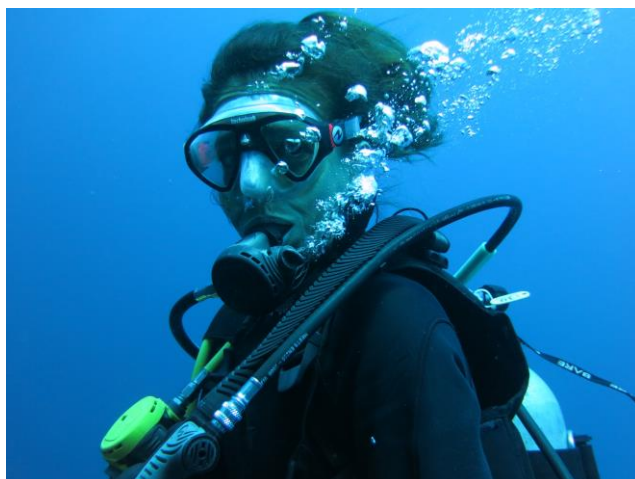


# Zen Harmony Diving

Zen Harmony Diving is a unique concept that seeks to revolutionize the world of diving through making us aware of the synergy between protecting the biodiversity of the oceanic world and enhancing human health.

The world's oceans and seas are the lifeblood of our Earth, covering more than 70 percent of the planet's surface, driving weather, regulating temperature and ultimately supporting all living organisms. Policy makers and marine scientists as well as scuba divers worldwide have the responsibility to provide the credible knowledge on the polluting threats and status of the oceans such that protection and conservation measures can be implemented.



The community of scuba divers and snorkelers, numbering some sixty million worldwide, are at the forefront discovering the spectacular and diversity-rich marine world. They are ideally positioned to report on their independent experiences and underwater observations of oceanic changes and degradation due to pollution, global warming etc. This community must champion and be the conscious of the oceanic world, our most precious and critical natural resource.

At Zen Harmony Diving™, we consider scuba as complimentary to human health and fitness. This activity entails the practice of controlled and effective breathing, meditative focus as well as gentle free flow physical exercise, which are recognized as essential to human wellbeing. It is especially important to confronting and reducing the emerging worldwide burden of the ailments and diseases of modern lifestyles.

Come to Bali and experience Zen Harmony Diving, a wonderful health-enhancing and responsible-diving concept yourself! You will be able to dive all around Bali thanks to the range of our individualized packages, tailored to your level of diving.

For more information, visit  
[www.zenharmonydiving.com](http://www.zenharmonydiving.com)  
[www.zendivebali.com](http://www.zendivebali.com)  
[www.zenresortbali.com](http://www.zenresortbali.com)