

Shah Holistic Wellness Development Tourism Publications & Videos

1. Zenresortdrshah-usubscribemagazine-com-berlin-Dec2016
<https://marktleiderschap.files.wordpress.com/2017/09/zenresortdrshah-unsuscribemagazine-com-berlin-dec2016.pdf>
2. Yoga with Special Techniques, Balance your Body, Mind and Spirit, Zen Holistic wellness Publications, Mumbai, June 2015, Released at the United Nations New York on the First Anniversary of the International Day of Yoga,
<https://www.zenresortbali.com/wp-content/uploads/2020/04/ZenYogaBook.pdf>
3. Clear-out- A Vital Holistic Detox Guide, Zen Holistic Wellness Publications, Mumbai, India, September 2015, (Forward by M M Shah)
4. Letter to Prime Minster of India, Holistic Wellness: Make in India, 2016
<https://zenresortbali.com/wp-content/uploads/2020/08/IndiaHolisticWellness.pdf>
5. Interview with President Director of Zen Resort Bali
<https://www.yumpu.com/en/document/view/9013533/interview-with-president-director-of-zen-resort-bali>
6. Integrative Medicine in a Retreat Context
<https://retreat.guru/journal/620/integrative-medicine-retreat-context>
7. Conversation with Dr. Mahendra Shah, 2016
<https://snippetsofcuriosity.wordpress.com/2016/03/25/conversation-with-dr-mahendra-shah-and-the-concept-of-the-sustainable-human-being/>
8. Combining Zen Resort and Sustainocracy, 2017
<https://sustainocracy.blog/2017/09/23/combining-zen-resorts-and-sustainocracy/>
9. In Depth with Zen Resort Bali, 2017
<https://travelshift.com/blog/zen-resort-bali/>
10. Retreat for Body, Mind and Soul, 2017
<https://www.spadreams.com/blog/zen-resort-bali-retreat-for-body-mind-soul/>
11. Bali Advertiser Zen Harmony Diving Bridges the Gap Between the Physical and the Mental
<https://www.baliadvertiser.biz/zen-harmony-diving-bridges-gap-physical-mental/>
12. Underwater Yoga is the latest trend in Bali
<https://www.escape.com.au/destinations/asia/underwater-yoga-is-the-latest-trend-in-bali/news-story/a3c625c813e0948b7944ee0001b1d581>

13. Gemert Castle Development Proposal, 2015
<https://www.gemertsnieuwsblad.nl/2015/12/2680/>
14. Ocean Day 2020, Summit Save Oceans, Save Ourselves, 2020
<https://unworldoceansday.org/event/summit-save-oceans-save-ourselves>
15. Sianji Hotels, 2020
<https://anterhaber.com/sianji-hotels-imzaladi-yilin-saglik-hizmeti-hindistan-dan-bodrum-a- geliyor/4570/>
16. Food Water Health & Infectious Diseases
<http://www.casinapioiv.va/content/dam/accademia/pdf/sv106/sv106-shah.pdf>
17. Fifteen Unique Wellness Innovations at Zen Resort Bali
<https://zenresortbali.com/wp-content/uploads/2020/04/ZenInnovations.pdf>

Mahendra Shah, Zen Resort Bali Videos

1. Ellis in Wonderland: Unsubscribe from Modern Living for a Better Life, 2019, VIDEO
<https://www.bluechipminds.com/ellis-in-wunderland-podcast/category/diving>
2. The Quest for Sustainability, The Road to Rio 1992, Dr Mahendra Shah and Earthodysey.org
https://www.youtube.com/watch?time_continue=144&v=urjTIaolvC4&feature=emb_logo
3. Zen Resort Bali, Videos 2019
<https://www.foodyas.com/ID/Singaraja/142653143882/ZEN-RESORT-BALI>
<https://www.zenresortbali.com/zen-resort-video-gallery/>
4. Mahendra Shah Vision of Zen
https://www.youtube.com/watch?time_continue=1&v=vpwQxcalMZg&feature=emb_logo
5. Mahendra Shah Zen Vision and Modern Lifestyles
https://www.youtube.com/watch?v=we7ORFeIXWY&feature=emb_logo
6. The Soul of Zen
https://www.youtube.com/watch?v=GjIebWNGZuU&feature=emb_logo
7. From Imagination to Reality: Let us come together and build a bright future for tomorrow's people, Videos, 2019
<https://www.beautynailhairsalons.com/ID/Buleleng/142653143882/ZEN-RESORT-BALI/videos>

8. Dr. Mahendra Shah about Indimasi Healing Village, 2019, Video
<https://www.youtube.com/watch?v=T-6Q4hnHANC>
9. The Quest for Sustainability: Human Beings and Earth Odyssey- Road to Rio 2022, 16 May 2020, Alchemy Academy Public Seminar, Ubud, Bali
https://www.youtube.com/watch?time_continue=30&v=urjTIaolvC4&feature=emb_logo
10. Shah M. M. The Wealth of World Diversity - Humanity, Nature and Sustainable Development, Open Science Conference, Amsterdam, July 2001
<https://drive.google.com/open?id=1QFM8jyvHcJfpGrBCTOr9c2aotutdKZ1J>
11. Shah M. M. The Wealth of Diversity: Humanity, Nature and Sustainable Development, Open Science Conference, Amsterdam, July 2001
<https://drive.google.com/open?id=1UcUSXS0X8eKGhIaxnMvqMDROWxFrveEM>
12. Shah M, M,, Earth Odyssey Project Sustainable Human Lifestyles Video
<https://youtu.be/ghsD90h0Pq0>

**Zen Resort Bali LinkedIn : Mahendra Shah
29 August 2020 to 5 January 2020**

<https://www.linkedin.com/in/mahendra-shah-89483b2a/?originalSubdomain=id>

1. Banksy "Louise Michel" : Gratitude Compassion Humanity, 29 Aug 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_banksy-funds-boat-to-rescue-refugees-at-sea-activity-6705271565929586688-ZKC1
2. An Imperative for Climate Actions, Transportation, Sustainable Lifestyles, 26 Aug 2020
<https://www.linkedin.com/posts/activity-6704606292264280064-bKKM>
3. Zen Resort Bali Awaits: Opening Bali's World Renowned Tourism, 16 August 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_the-spirit-of-zen-resort-bali-captured-beautifully-activity-6700017499653713920-tTjO
<https://www.youtube.com/watch?v=rQey65hPD1E>
4. Bali International Tourism: Benefits beyond travel carbon footprint, Aug 2020
<https://www.linkedin.com/posts/activity-6703149164898996224-EzF9>
5. Attn Businesses & Corporations: Enhancing the Wellbeing of Your Workforce- The Real Corporate Wealth Creators, 15 August 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_zen-resort-bali-staff-zenchi-10-minutes-activity-6700624763339059200-Lyk3
<https://www.youtube.com/watch?v=h2g1uam1PpU&feature=youtu.be>

6. Bali's first Shinrin Yuko Forest Bathing with free-flow spring water river and ponds, enhancing personal immunity and Nature healing at Zen Resort Bali, 29 July 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_wellness-forestbathing-holistic-activity-6689029486383644672-oCs1
7. International Day of Yoga and Consciousness, 28 June 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_3-yoga-activity-6680100300520615936-wSAb
https://www.youtube.com/watch?list=PLTmloKK33O7N9j-6oZz2ijd1jLpS0ej11&time_continue=14&v=-mm04Fg6-d4&feature=emb_logo
8. BBC Who is to blame for climate change, 26th June 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_who-is-to-blame-for-climate-change-activity-6679605987021869056-OMIn
<https://www.bbc.com/future/article/20200618-climate-change-who-is-to-blame-and-why-does-it-matter?ocid=ww.social.link.linkedin>
9. I Can't Breathe : Enhance Humanity, Save Nature, Embrace One World Mahendra Shah, Zen Resort Bali, 25 June 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_i-cant-breathe-humanity-nature-world-activity-6679047795233714176-s_Q2
10. World Ocean Day 8th June 2020
 Earth Odyssey Webinar 7th June 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_oceanday-humanhealth-sustainability-activity-6674201115757813760-c9tM
11. WHO changes its advise on Face Mask, 5th June 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_who-changes-its-advice-on-face-masks-activity-6674801626512949248-mxFd
<https://www.bbc.com/news/health-52945210>
12. Wellness World Sustainable Human Lifestyles, Development & Protection of Nature, 30 May 2020
 Mahendra Shah Vision
https://www.linkedin.com/posts/mahendra-shah-89483b2a_vision-of-zen-activity-6668346976100331520-W8z6
<https://www.youtube.com/watch?v=vpwQxcalMZg&feature=youtu.be>
13. Sustainable Development is not an option, it is an Imperative EarthOdyssey.org
https://www.linkedin.com/posts/mahendra-shah-89483b2a_aberturawebsiteearthodyssey-activity-6665469700119638016-w2qR
<https://lnkd.in/gY8dAka>
<https://www.youtube.com/watch?v=5KWXPpRUBZRI>

14. Women in Lockdown: An Opportunity to Save the World, 27 April 2020
Earthodyssey.org Webinar
https://www.linkedin.com/posts/mahendra-shah-89483b2a_coordination-cooperation-women-activity-6661841448570359808-OOCM
https://www.linkedin.com/posts/mahendra-shah-89483b2a_join-our-cloud-hd-video-meeting-now-activity-6664782974455816193-68NF
15. The Imperative for Cooperation and Coordination: Together we can confront the Coronavirus, 24 April 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_cooperation-coordination-un-activity-6658839989851422720-IFLB
<https://www.linkedin.com/pulse/imperative-cooperation-coordination-together-we-confront-shah/>
<http://speakingout.msf.org/ru/node/271>
<https://www.youtube.com/watch?v=sPQ554DnSc0>
16. Embrace the consciousness of Yoga, Mindfulness of Meditation and Embodiment of Spirituality to Strengthen Your Immunity and Inner Peace, Keeping Hope Alive all Around you, 28th April 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_millennium-yoga-meditation-activity-6654709105191686144-wzf2
17. Zenway to celebration and Liberation: A Lockdown Poem, 24 April 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_celebration-inner-zenresortbali-activity-6657599745114107904-0VTt
18. A Sustainable World of Nature, ONLY when Humans live Sustainable Lifestyles, 20 March 2020
<https://www.linkedin.com/pulse/sustainable-world-nature-only-when-humans-live-lifestyles-shah/>
https://www.youtube.com/watch?v=rsrg_1mNdLM&feature=youtu.be
19. A Human Health Imperative: World Pandemic Precautionary Principle, 17th March 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_pandemic-precautionaryprinciple-publicfacemasks-activity-6651467837590380544-L22V
<https://lnkd.in/g5nffEj>
20. Social Isolation: Locked Down but soon to soar Free Forever, 15 March 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_social-isolation-locked-down-but-soon-to-activity-6650216436469981184-iorD
<https://www.youtube.com/watch?v=LKr2IAw66QI>
<https://lnkd.in/g5nffEj>
21. An International Corona Crisis Plea for a United Nations Coordinated Task Force, 10 March 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_an-international-corona-crisis-plea-for-a-activity-6648198668103049216-zQL

22. A Global Taskforce Imperative for Corona Epidemic, 6 March 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_a-global-taskforce-imperative-for-corona-activity-6647781528560644096-9Ggn
<https://www.youtube.com/watch?v=hHccg2db98o&feature=youtu.be>
23. Coronavirus: An Awakening and a Reckoning to secure the Sustainable Future of Humanity and Nature, 24 February 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_coronavirus-climatechange-sustainabledevelopment-activity-6642602156794974208-NaQs
24. Coronavirus: A Reckoning to Secure the Sustainable Future of Humanity and Nature, 12 February 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_virusmutations-lifestyles-sustainability-activity-6642603695760605184-oPdE
25. Coronavirus: A Global Pandemic needs a Global Contentment Response, 12 February 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_unity-activity-6645527662460837888-mpiz
26. Bali hasn't imposed any travel restrictions and Zen Resort Bali remains open, 7th February 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_zenchipdf-activity-6645494706501488640-vW91
27. Tree of Life Dedication to Australia, 5th January 2020
https://www.linkedin.com/posts/mahendra-shah-89483b2a_pray-for-australia-activity-6621321934317678592-Co47
<https://www.facebook.com/watch/?v=1067017523650746>